

#### 82 Hutt Street, Adelaide 5000

TELEPHONE 8223 6181 · EMAIL houseofchowsa@yahoo.com.au

### Live Seafood 活海鲜

LIVE Lobster Market Price

生猛活龍蝦時價

- Sashimi 刺身
- Ginger and Shallot 薑蔥
- Salt and Pepper 椒鹽
- Singapore Chilli 星洲辣椒

LIVE Coral Trout/Murray Cod

Market Price

游水石斑魚/花鲈

時價

- Ginger and Shallot 蔥清蒸

LIVE Mud Crab Market Price

- Singapore Chilli 星洲辣椒
- Sambal Chilli 叁巴辣椒
- Ginger and Shallot 薑蔥清蒸

# Chef Special 主厨推荐

West-Lake Beef Soup (Per Person) 西湖牛肉羹(每位)	\$12.00
Seafood Bean Curd Soup (Per Person) 海鮮豆腐羹 (每位)	\$15.00
Crab Mornay (Each) 義式海鮮焗蟹盒 (一个)	\$19.00
Spanish Garlic Prawn 西班牙蒜茸虾 (一份)	\$25.00
Pepper Steak Sang Choy Bow (Serve for 4) 黑椒牛柳生菜包 (四人用)	\$33.00
Szechuen Pork Pancake (Serve for 4) 川式肉絲包薄餅 (四人用)	\$30.00
Leek Lamb 蒜爆羊肉	\$30.00
Black Pepper Steak 黑椒牛柳	\$33.00
Soy Bean Preserved Vegetable Squid 雪菜毛豆魷魚	\$30.00
Stewed Pork Hock with Bok Choy and Chinese Mushroom 红烧元蹄	\$46.00
Steamed Whole Prawn with Garlic Sauce 蒜茸蒸开边蝦碌	\$45.00
Whole Prawn with Mandarin Sauce 乾燒蝦碌	\$45.00
Seafood Bean Curd Hot Pot 海鮮豆腐煲	\$36.00
Pi-Pa Bean Curd 琵琶豆腐	\$36.00

Steamed Half Shell Abalone with Ginger and Shallot (Each) \$23.00 薑蔥清蒸半壳鲍鱼(一客) Fresh Abalone Market Price 白灼鮮鮑片 時價 Salt Pepper/Steamed Barramundi Market Price 椒鹽/清蒸薑蔥 鱸魚 時價 Sea Cucumber with Chinese Mushroom Market Price 冬菇海参 時價 Sliced Abalone and Sea Cucumber with Chinese Mushroom Market Price 菇海参鲍片 時價 Morton Bay Bugs Tails \$59.00 瀬尿蝦

- Black Bean Dry Chilli 鼓汁乾椒
- Ginger and Shallot 薑蔥
- Salt and Pepper 椒鹽
- Sambal Chilli 叁巴辣椒

## **APPETISERS**

Barbecued Quail 燒烤鶴鶉 Marinated in coriander, soya sauce and lemon grass - each	\$21.00 ch
Barbecued Roast Duck (quarter) 燒烤鴨 (四分之 Tender young duck marinated and barbequed Canton sty	
Chinese Sausage (Lap Cheung) 臘腸 Steamed, sliced Chinese Sausage.	\$11.50
King Prawn Cocktail 雞尾蝦 Succulent, freshly peeled king prawns topped with a ligh cocktail sauce.	\$19.00 † home-made
King Prawn Avocado 駱梨蝦 Succulent, freshly peeled king prawns served with fresh topped with a salad dressing.	\$19.00 avocado and
Scallops in half Shell 半壳鲜带子	
- Ginger and Shallots 姜葱清	1/2 doz \$25.00 doz \$46.00
- X.O. sauce X.O. 酱	1/2 doz \$30.00 doz \$55.00
- Mornay 起司白汁	1/2 doz \$30.00 doz \$55.00
Oysters 蠔	
All our oysters are specially chosen and opened daily.	
- Natural 生蠔	1/2 doz \$25.00 doz \$43.00
- Steamed Oysters with ginger and	
shallots 薑蔥蒸蠔	1/2 doz \$25.00 doz \$43.00
- The Russian Devil with caviar	
魚子醬生蠔	1/2 doz \$25.00 doz \$43.00
- Mornay and Kilpatrick	
起司白汁焗蠔/培根焗蠔	1/2 doz \$25.00 doz \$43.00
- Emperor's Aphrodisiac 伏特加杯蠔 Special Oyster shots served with fresh tomato juice, Worcestershire and Tabasco sauce; finish	•

## SOUP

Short Soup 餛飩湯 Very traditional Chinese soup, made from minced pork and prawns, wrapped in egg flour pastry and boiled. Served in chicken stock, shallots and sesame oil.	\$11.00
Long Soup 蛋麵湯 Thin egg noodles served in chicken stock, slivers of bbq pork, spring onions and sesame oil.	\$11.00
Chicken & Sweet Corn Soup 玉米鮮雞湯 Diced fillet of chicken cooked in chicken stock, creamed corn and egg. A thick and tasty soup.	\$11.00
Crab Meat & Sweet Corn Soup 玉米蟹肉湯 Crab meat, creamed corn and egg white, cooked in chicken stock.	\$13.00
Chicken with Mushroom Soup 鮮菇雞湯 Sliced fillet of chicken cooked with vegetables and mushrooms in a clear chicken stock.	\$13.00
Combination Bean Curd Soup 什錦豆腐湯 A mixture of Meat and Seafood with diced bean curd, cooked in chicken stock and thickened with egg white.	\$13.00
Thai Style Chicken Soup 泰式雞湯 Pieces of chicken breast fillet, cooked in a light curry, lemon, a touch of chilli, lemongrass and coriander.	\$13.00
Hot and Sour Soup 酸辣湯 This is a speciality from the Szechuen Province. Comprises of vinegar and pepper, a dash of chilli with shredded duck and bean curd. A warming experience.	\$13.00
Chicken Tom Yum Soup 鸡肉冬荫汤 Specially blended tom yum paste with galangal, garlic, lemongrass and chicken stock.	\$13.00
Chicken with Abalone Soup 鮑魚雞片湯 Sliced fillet of chicken with abalone and cooked in a light, tasty, clear chicken stock.	\$17.00
Chicken with Shark Fin Soup 雞絲魚翅湯 Rich Man's Delight! Because sharks only have two fins, shark fins are a delicacy. Sliced fillets of chicken cooked in chicken stock and shark fins.	\$26.00
Crab Meat with Shark Fin Soup 蟹肉魚翅湯 Sharks fin with crab meat in chicken stock. Old Chinese proverb "Good for your body, Excellent for your health!"	\$28.00

## **ENTREE**

Prawn Fritters (four per serve) 炸子蝦 King prawns freshly fried in a thin, crisp batter. Served with sweet and sour sauce	\$16.00
Prawn Cutlets (three per serve) 吉利蝦 King prawns butterfly cut, freshly crumbed and deep fried. Served with sweet and sour sauce.	\$16.00
Sesame Prawns (four per serve) 芝麻蝦吐司 Freshly minced king prawns on fine toast fingers, coated with crunchy sesame seeds then deep fried.	\$16.00
Chicken & Ham Rolls (four per serve) 火腿雞捲 Fillets of chicken and ham, rolled in Lace fat, dipped in egg and flour, then deep fried.	\$16.00
Crab Claw (one per serve) 蟹鉗 Claw of the crab, shelled and stuffed with freshly minced prawns, then deep fried	\$16.00
Spring Rolls (three per serve) 春捲 This old-time favourite is a combination of shredded pork, prawns and vegetables, wrapped in a thin, crisp pastry, then deep fried.	\$14.00
Sang Choy Bow (four per serve) 生菜包 mixture of pork, onions, celery, water chestnuts and bamboo shoots cooked in special spices and wrapped in crisp fresh lettuce leaves with hoi sin sauce.	\$26.50
Shallot Pancake (one per serve) 葱油饼	\$6.00
Dim Sims (four per serve) 點心 (蒸或炸) Traditional pork dim sims served steamed or fried.	\$14.00
Satay Sticks - Beef or Chicken (three per serve) 沙爹串 (雞串 或 牛串) Sticks of beef or chicken topped with satay peanut sauce.	\$16.00
Stuffed Chicken Wings - Thai Style (two per serve) 泰式雞翅 Chicken wings stuffed with mushrooms, pork mince and spring onions, deep fried and served with Thai curry sauce.	\$16.00
Salt and Pepper Soft Shell Crab (one per serve) 椒盐软壳蟹 With spring onions and fresh chilli.	\$16.00
Salt and Pepper Blue Swimmer Crab (one per serve) 椒盐花蟹 With spring onions and fresh chilli.	\$18.00
Crispy Pork Cup (four per serve) 肉碎香脆杯 Minced Pork cooked with bean sprouts, straw mushrooms, and spring onions - served in a mini crispy cup.	\$25.00

## CHICKEN

Crisp Skin Baby Chicken 脆皮炸子雞 Whole spatchcock has a crisp, golden skin, tender, tasty, juicy meat inside and served with spicy salt.	\$27.00
Szechuen Chilli Chicken 川式辣味雞柳 Chicken breast meat, cooked with chili bean sauce, shallots, onions and capsicum. Hot and spicy.	\$27.00
Chicken with Walnuts in Bean Sauce 核桃雞柳 This northern style chicken is cooked in a spicy bean sauce and walnuts - a tasty, spicy dish.	\$27.00
Boneless Lemon Chicken 檸檬雞 Boneless chicken breast fillet, lightly battered, fried, with a final touch of Golden Lemon Sauce on top.	\$27.00
Braised Chicken Fillets with Fresh Mushroom 鮮菇雞片炒時蔬 Skinless chicken breast fillets, cooked with vegetables and fresh mushrooms.	\$27.00
Chicken with Cashew Nuts 腰果雞柳 Braised chicken breast fillets with diced vegetables and cashew nuts. Aussie's Delight!	\$27.00
Black Pepper Chicken 黑胡椒雞 Lightly floured boneless chicken fillets, pan fried, cooked in a black pepper cream sauce and served in a clay hot pot.	\$27.00
Lemongrass Chicken 燒烤香茅雞柳 Grilled chicken leg fillet, marinated in lemon grass, coriander and a touch of chilli, fish sauce and garlic.	\$27.00
Thai Curry Chicken Hot Pot 泰式咖哩雞煲 Chicken breast fillets, tomatoes, beans, eggplants, and onions cooked in a Thai curry - served in a clay hot pot.	\$27.00
Dried Chilli Soya Bean Chicken 粤式乾椒雞柳煲 Chicken thigh fillets with ginger and shallot, Chinese sausage, soya bean sauce and dried chilli served in a clay hot pot.	\$27.00

### **PORK**

Sweet & Sour Pork 咕咾肉 A world famous, Cantonese dish - lightly battered, freshly fried pork, cooked in an appetising sweet and sour sauce.	\$26.00
Szechuen Chilli Pork 川式辣味豬肉片 Sliced fillet of pork, cooked with capsicum, chilli and shallots in chilli bean sauce. Hot and Spicy.	\$27.00
Flaming Pork Chops 火盆排骨 Marinated loin of pork chops, lightly pan fried, cooked in special bbq bean sauce and served on a flaming platter.	\$27.00
Salt & Pepper Pork Chops 椒鹽排骨 Marinated pieces of pork chops, crisply fried, tossed in chilli, garlic and Chef's special spicy salt.	\$27.00
Peking Fillet of Pork 北京豬肉片 Sliced fillet of pork, cooked in soy bean sauce, served on a bed of bean sprouts.	\$27.00
Crumbed Boneless Pork with Lemon Sauce 檸檬排骨 Juicy, tender pork, crumbed and deep fried, topped with a golden brown, lemon sauce.	\$27.00
Vietnamese Pork 越式肉片 Marinated and cooked with a touch of chilli, lemon grass and coriander.	\$27.00
Pork Mince with Long Beans 肉碎炒四季豆 Minced pork, soya sauce, fresh chilli, garlic and green beans.	\$27.00
Ma Po Tofu 麻婆豆腐 Minced pork, diced beancurd, sambal chilli and straw mushrooms.	\$26.00
Spicy Eggplant Hot Pot 鱼香茄子煲 Eggplant cooked with dried salty fish, barbecue and tomato sauces.	\$26.00

## BEEF

Beef with Oyster Sauce 蠔油牛肉 Marinated slices of beef, cooked in oyster sauce with vegetables.	\$29.00
Malaysian Satay Beef 馬來沙爹牛肉 Fillets of beef, marinated in satay, peanut sauce, cooked with sliced onions and served on a flaming platter.	\$30.00
Mongolian Sizzling Beef 蒙古鐵板牛肉 Sliced fillet of beef, cooked with onions, leeks and chilli bean sauce, served on a sizzling hot platter.	\$30.00
Szechuen Chilli Beef 川式辣味牛肉 Sliced fillet of beef, cooked with chilli, shallots, capsicum and soya bean sauce. Hot and spicy	\$30.00
Shanghai Shredded Beef 上海牛肉絲 Shredded fillets of beef with julienne snow peas, carrots and celery. Braised in a tasty, mild gravy. Very pleasant without being too spicy.	\$29.00
Beef with Black Bean Sauce 豉汁牛肉 Thinly sliced fillets of beef, capsicum and onions, stir fried with a dash of black beans. Tasty.	\$29.00
Beef with Long Beans 牛肉蒜炒四季豆 Sliced beef, cooked with fresh beans, chilli and garlic.	\$29.00
Crispy Beef with Spicy Sauce 香辣脆牛柳 Fried crispy beef tossed in a blend Szechuan chilli Worcestershire sauce	\$35.00
Mandarin Fillet Steak 中式牛柳 Medallions of fillet steak, cooked in a pungent mandarin sauce on a bed of onions.	\$33.00
Canton Medallion Steak 廣式牛柳 Choice fillet steak, cut to a medallion size, marinated, and cooked Canton style with vegetables.	\$33.00

## DUCK

Peking Duck - Whole Duck 自制北京烤鸭 1st course - Crispy Duck skin served with spring onions, cucumber, hoi sin sauce and wrapped in a thin crepe. 2nd course - Choice of Sang Choy Bow or Duck vegetables or Duck Noodles/Fried Rice.	\$75.00
Crispy Aromatic Duck 香酥鸭 Half deboned Duck cooked in a five spice and a special soya sauce, sliced and served with cucumber, spring onions, hoi sin sauce and wrapped in a thin crepe.	\$42.00
Steamed Duck with Mushroom Sauces 蘑菇汁蒸鸭 Boneless duck steamed, topped with mushrooms sauce and surrounded with green vegetables.	\$29.00
Shanghai Deep-Fried Duck 海酥炸鴨 Boneless duck, thinly battered, deep fried and served with fresh mushrooms in a light gravy.	\$28.00
Cantonese Deep-Fried Duck 廣式酥炸鴨 Boneless duck, thinly battered, deep fried, chopped into mouth-watering pieces served with sweet and sour Sauce.	\$28.00
Barbecue Roasted Duck 燒烤鴨 (半隻) Succulent half duck, roasted till golden brown, served hot with plum sauce.	\$32.00
Curried Duck 咖哩鴨煲 With curry paste, lemon grass and spices, served in a crock pot.	\$32.00

#### LAMB

Mongolian Lamb 蒙古鐵板羊肉 Tender fillets of lamb and succulent leek cooked in a spicy chilli bean sauce, served on a sizzling platter.	\$30.00
Sliced Lamb in Soya Bean Sauce 醬爆羊肉 Tender slices of lamb cooked in a light, gently spiced brown bean sauce.	\$30.00
Thai Lamb Hot Pot 泰式羊肉煲 Chunky pieces of lamb in a coconut curry base, cooked with chilli and coriander and served in a hot pot.	\$30.00

### SEAFOOD

Szechuen Chilli King Prawns 川式辣味蝦球 King Prawns with chilli, shallots, capsicums and onions cooked in a chilli bean sc	\$35.00 auce.
Satay King Prawns 沙爹蝦球 King Prawns marinated in a satay mixture, served on a flaming platter.	\$35.00
Sizzling Garlic King Prawns 蒜汁鐵板蝦 Braised King Prawns, cooked in garlic and onion and served on a hot sizzling platter to really bring out the garlic flavour.	\$35.00
Salt & Pepper King Prawns or Squid 椒鹽蝦碌 或 魷魚 Peeled prawns, lightly floured, quickly fried and tossed in a spicy fresh chilli garlic mixture.	\$36.00
Honey King Prawns 蜜糖蝦 Lightly battered King Prawns, deep fried and served with a golden honey sauce - crisp, juicy and tasty.	\$35.00 e
Braised King Prawns with Vegetables 蝦球炒時蔬 King Prawns marinated and cooked with vegetables.	\$35.00
Thai Curry Prawn Hot Pot 泰式咖哩蝦球煲 Green peppercorn, lime leaves and kacha cooked with prawns, eggplants, beans, tomatoes and served in a clay hot pot.	\$36.00
Wasabi King Prawns 日式芥末虾球 Lightly floured deveined prawns tossed in wasabi honey sauce, dried seaweed and caviar.	\$36.00
Sizzling Fillets of Fish with Szechuen Sauce 四川鐵板魚柳 Pieces of freshwater fish, lightly battered, quickly fried, served on a sizzling platter.	\$29.00
Braised Fillets of Fish with Snow Peas 薑蔥扁豆炒魚柳 Pieces of freshwater fillets of fish, freshly braised with snow peas and ginger and shallots.	\$29.00
Braised Scallops with Snow Peas 薑蔥扁豆炒帶子 Scallops, freshly braised with snow peas and ginger.	\$38.00
Stuffed Scallops 百花釀帶子 Large, thick Scallops, encased in finely minced prawn meat, gently pan fried and served with crab meat sauce.	\$38.00
Sliced Abalone with Oyster Sauce 蠔油鮑 Thinly sliced, gently cooked abalone with oyster sauce.	Market Price
Steamed Whole Fish with Shallots, Ginger and Soya Sauce 薑蔥清蒸全魚 Depending on market freshness - this Cantonese style fish brings out the true flavour for fish lovers.	Market Price
Salt and Pepper Whole Robarra Barramundi 椒鹽盲鰽 Butterfly cut Barramundi, lightly floured, fried with fresh chilli and garlic in a spicy mixture.	Market Price

## WEIGHT WATCHERS

#### & VEGETARIAN DELIGHTS

Although most Chinese dishes are very low in calories, we did not want to omit those who do not eat meat, nor those who do not want anything too heavy.

Vegetarian Spring Rolls (three per serve) 素春捲 Our special mixture of vegetables wrapped in a thin pastry and deep fried.	\$14.00
Braised Bean Sprouts 清炒芽菜 Crisp & Tasty - Definitely no calories added. Cooked with slivers of ginger.	\$15.00
Chinese Green Vegetables with Garlic 蒜蓉唐菜	\$16.00
Combination Stir Fried Vegetables 清炒時蔬 A mixture of fresh vegetables, quickly stir fried in a light stock.	\$16.00
Chilli Long Beans 辣椒炒四季豆 Green beans cooked with fresh chilli, garlic and soya sauce.	\$16.00
Steamed Vegetables with Oyster Sauce 蠔油時蔬 Fresh seasonal vegetables steamed and topped with a dash of oyster sauce.	\$16.00
Salt & Pepper Fried Beancurd 椒鹽豆腐 Squares of beancurd quickly fried and tossed with a salt and pepper mixture with fresh chilli, garlic and spring onions.	\$19.50
Canton Braised Beancurd 廣東豆腐 Lightly fried beancurd, quickly cooked with mixed vegetables and a dash of soya sauce.	\$19.50
Chilli Beancurd Peking Style 北京辣豆腐 Lightly cooked diced beancurd with chilli, shallots, straw mushroom, sesame oil and chilli bean sauce.	\$19.50
Vermicelli with Vegetables & Mushrooms 鮮菇時蔬粉絲煲 Vermicelli is also known as bean threads. Combined with sliced vegetables and fresh mushrooms, it is tasty and light.	\$21.00
Salt and Pepper Eggplants, Beans, Mushrooms 椒盐茄子, 四季豆, 蘑菇 Eggplants, beans and mushrooms quickly fried and tossed with a salt and pepper mixture with fresh chilli, garlic and spring onions.	\$21.00
Vegetable Tempura 鮮炸時蔬 Assorted vegetables dipped in a paper-thin batter and quickly fried till golden and crisp.	\$21.00

## NOODLES

Vegetarian Chow Mein 素炒麵	\$19.50
Singapore Noodles 星洲炒麵 Pork, prawns, egg, capsicum & bean sprouts combined with thin noodles and a touch of curry.	\$19.50
Seafood Noodles 海鮮炒麵 Prawns, squid, scallops and vegetables cooked in a light stock, poured over pan-fried noodles.	\$35.00
Combination Hokkien Noodles (thick yellow noodles) 什錦炒福建麵	\$29.00
Combination Noodles 什錦炒麵 Pan fried noodles topped with pork, prawns, chicken, beef and vegetables, cooked in a light stock.	\$29.00
Combination Hor Fun (flat rice noodles) 什锦河粉	\$29.00
Fried Kuey Teow (flat rice noodles) 干炒河粉 Choice of Chicken or Beef	\$28.00

## RICE

	Small	Large
Fried Rice 炒飯	\$10.50	\$12.50
Minced Beef Fried Rice 牛肉炒飯	\$11.50	\$13.50
Special Fried Rice 什錦炒飯	\$11.50	\$13.50
Chicken Salty Fish Fried Rice 咸鱼鸡粒炒饭	\$12.00	\$16.00
Vegetarian Fried Rice 素炒飯	\$ 8.50	\$10.50
Steamed Rice 白飯	\$2.50 (per person)	

## ASIAN ALTERNATIVES

American T Bone 美國丁骨牛排(附沙拉, 薯條) Served with salad and chips.	\$40.00
Roast Chicken 烤全雞 (附沙拉, 薯條) Juicy roast chicken served with salad and chips.	\$33.00
Crumbed Chicken with Mushroom Sauce 雞肉排焗起司鮮菇醬 (附沙拉, 薯條) Pan fried, mushroom sauce separate, served with salad and chips.	\$33.00
Seafood Basket 黃金海鮮總匯(附沙拉, 薯條) Crumbed prawns, battered fish pieces and battered calamari served with tartare sauce, salad and chips.	\$38.00
Chicken Nuggets and Chips (child's serve) 炸鸡块 (附薯條)	\$16.50
Fish and Chips (child's serve) 炸鱼柳(附薯條) Deep fried fish in batter.	\$16.50

### DESSERT

Please ask for the separate dessert menu

Sunday and Public Holiday surcharge - \$2.00 per person

One bill per table

Prices are GST inclusive